

Student-Athlete Development



Anna Plemons

Learning Services Coordinator

Anna Plemons is in her fourth season as the academic counselor for women's basketball. Plemons primary responsibilities are meeting individually with students for academic accountability, working with small groups on academic skill improvement, and talking with future Cougars about the many benefits of being a student-athlete at WSU. Also, as the learning services coordinator for athletics, she acts as a liaison between all student athletes and campus service providers (Testing Services, Tutorial Programs, Disability Resource Center, etc).

Plemons graduated from Washington State with a bachelor's degree in speech and hearing science. While at WSU, Plemons was a member of the varsity women's rowing team for four years. After graduation she stayed with the department for a fifth year as a volunteer rowing coach and academic intern. Plemons returned to Washington State during the summer of 2001 after pursuing a master's of secondary education and learning skills at Kansas State University, where she also worked as the graduate learning specialist for intercollegiate athletics.



Academic Services

- New Student-Athlete Orientation
- General Academic Counseling
- Learning Assessment
- Individual And Group Tutoring
- Assistance With Team Travel
- Writing And Math Assistance
- Graduation Planning
- Computer Lab with internet and library access
- Priority Registration
- Summer School And Degree Completion Programs

Career Development

- Junior and Senior Planning Meetings
- Etiquette Dinner
- Access To SIGI Website For Career Exploration
- Career Fairs and Workshops
- Interview Skills And Workshops
- Job Search Strategies
- Professional Development Portfolio
- Senior Folder
- Alumni Connections
- Resume Development

Personal Development

- New Student-Athlete Seminar
- Community Outreach – Team CARE
- P.R.O.W.L. Resource And Referral Center
- NCAA Lifeskills Materials And Resources
- Career Resources

Student Athlete Development

Our Student-Athlete Development unit initiates support for academic and personal success, during on-campus recruiting visits with prospective student-athletes, and continues providing support and services until student-athletes graduate from WSU. Our student-athlete development staff is committed to developing and implementing comprehensive and effective programs to assist student-athletes in identifying and meeting their academic and career goals leading to graduation and career development. We take a "life skills" approach when assisting student-athletes with class selection, major selection, graduation planning, career development, time management, goal setting, study skills, and learning strategies.

Our focus is the student-athlete and personal development. We reinforce the value of maximizing the educational and career opportunities at WSU. And, most importantly, our staff emphasizes the importance of student-athletes taking personal responsibility and ownership in developing their academic and career plans. Our 91 percent graduation rate for those seniors who have exhausted their eligibility (over the past 10 years) reflects our consistent commitment to academic success while striking a balance between academics and athletics.

Pam Bradetich
Associate Athletic Director,
Student-Athlete Development



2004-05 Student-Athlete Development Staff

Back row from left: Cynthia Prieto, Anna Plemons, Pam Bradetich, Eric Kile, Wanda Tennant

Front row from left: Chris Cook, Thad Hathaway, Pippa Pierce, Matt Leituala

Team Academic Achievements

Academic success has been a mainstay with the Cougar women's basketball program. The 2003-04 season proved to be no different.

Lindsey Egeland's 2004 Pacific-10 Conference All-Academic First Team selection was her second straight such honor. It also marked the fifth consecutive year the Cougars placed at least one athlete on the conference's first team. Katie Nyseth and Victoria Harrod each earned a spot in 2000 and 2001 while Jessica Collins was a first team selection in 2002.

In all, the Cougars have placed 17 student-athletes on the Pac-10 All-Academic Teams in the past five years.



Emma Joneby

Academic Honors

CoSIDA Academic All-America Honorable Mention

1982 Jeanne Eggart

CoSIDA District VIII Academic All-America

2004 Lindsey Egeland

1992 Darla Williamson

1982 Jeanne Eggart

Pacific-10 Academic All-Conference

First Team

2004 Lindsey Egeland

2003 Lindsey Egeland

2002 Jessica Collins

2001 Katie Nyseth

2001 Victoria Harrod

2000 Victoria Harrod

2000 Katie Nyseth

1995 Susie Jarosch

1992 Darla Williamson

1991 Darla Williamson

Second Team

2002 Lindsey Egeland

2001 Jessica Collins

2000 Alke Dietel

1999 Victoria Harrod

1999 Katie Nyseth

1995 Kelli Kronberger

1994 Susie Jarosch

1993 Susie Jarosch

1993 Lori Lollis

1991 Kristin Metson

Pacific-10

Honorable Mention

2004 Emma Joneby

2003 Emma Joneby

2003 Holly Harris

2002 Jessica Ottmar

2001 Jessica Ottmar

2000 Jessica Collins

1999 Alke Dietel

1998 Joanna Smith

1994 Kelli Kronberger

1993 Angie Petersen

1993 Erika Wheeler

1992 Angie Peterson

1992 Erika Wheeler

1991 Dawn Allinger

1991 Angie Peterson

1990 Dawn Allinger

1990 Kristin Metson

1990 Darla Williamson

1989 Dawn Allinger

1988 Juli Reynvaa

1988 Dyann Roger

Academic All-America® Teams as selected by CoSIDA

The Academic All-America® Teams program was created in 1952 by the College Sports Information Director of America (CoSIDA) to honor college athletes who excel not just in sports, but also in academics.

Lindsey Egeland added her name to the list of Cougar honorees with her selection to the Academic District VIII Women's Basketball Second Team in 2004. In 2001 Victoria Harrod and Katie Nyseth were selected to the All-District VIII First Team. In 1992, Darla Williamson earned a spot on the District VIII team as did Jeanne Eggart in 1982. Eggart achieved national honorable mention accolades that same year.



Lindsey Egeland



Victoria Harrod



Katie Nyseth



Jeanne Eggart



Darla Williamson